



## CONTRACT OF MUTUAL TRUST

I, \_\_\_\_\_ ,  
am going to **pay attention to my gut feelings**. When I am in a situation  
where I feel **unsafe**, whether digitally or face to face, I promise to  
**immediately** contact you.

Parent or trusted adult:

I, \_\_\_\_\_ ,  
promise to do whatever is necessary to ensure your safety, **no matter  
what** and **without judgement**, including coming to pick you up.

Date \_\_\_\_\_